

Counseling Services

Based on National School Counseling Standards

Counselors are available on a walk-in basis before school, at lunch, after school and by appointment.

Some of the services available from your La Sierra High School Counselor:



Academic:

Individual four-year planning by appointment.

Registration and scheduling of classes.

Academic counseling for course selection, improving grades and general academic success strategies, credit recovery, preparing for and applying to college, and referrals to alternative education programs.

Presentations are made to junior students regarding post-secondary education options and testing for college entrance.

Presentations are made to seniors regarding college applications, financial aid and scholarships.

Liaison to teachers and students, students and teachers, and teachers and parents.

NCAA Clearinghouse information for athletes.

Local scholarship bulletin and websites for national scholarship searches.

Liaison to the Regional Occupational Program (ROP), the Academies, the Youth Service Center, the District Intervention Program, the English Language Learner Program, California State University, University of California, Riverside Community College and the Military.

Post-secondary educational counseling.

Teach Riverside Community College course Guidance 45 on the La Sierra High School campus. This course has students develop an education plan, orientates them to college life and offers priority registration.

Maintain a college, a testing, and a scholarship bulletin board in the counseling office.

Coordinate and accompany students on college tours.



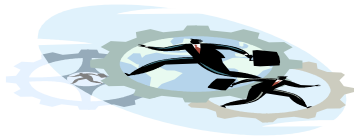
Personal/Social:

Crisis Counseling, brief personal counseling and outside referrals to ongoing counseling/therapy.

Conflict mediation.

Coordinate with and refer to the PALs program for peer counseling.

Coordinate with and refer to the Youth Service Center Counselor for personal counseling.



Career:

Career awareness and exploration through computer software activities in the Library or Career Center.

Discussion with students regarding career choice when choosing classes.

Help advertise career presentations and make referrals to the Career Center for further exploration.

Coordinate with the ROP Counselor to direct students to vocational training courses.

Maintain a career bulletin board in the Counseling Office.

Coordinate the Armed Services Vocational Aptitude Testing (ASVAB) to help students select a career.

Coordinate Riverside Community College post-secondary educational options and career choice presentations.