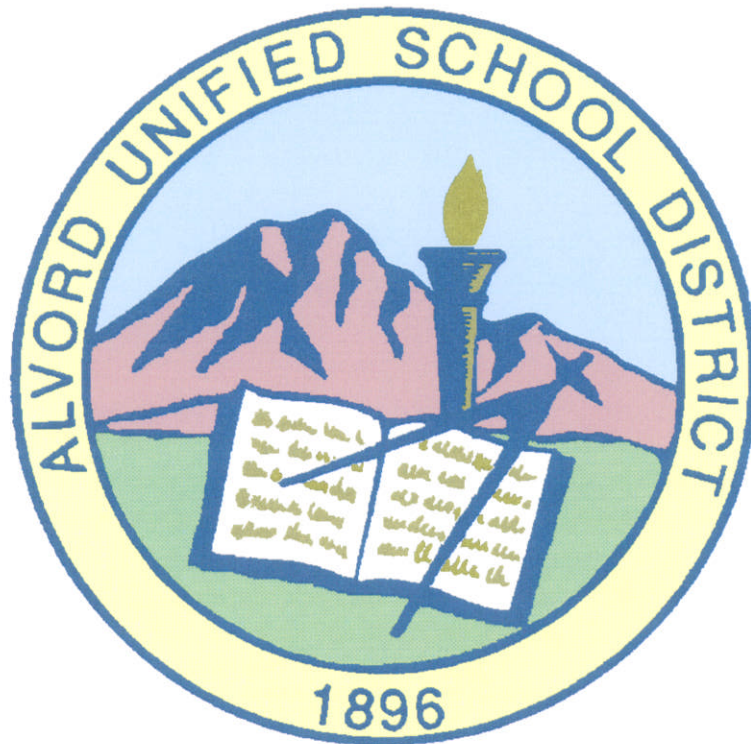


Alvord Unified School District
10365 Keller Avenue
Riverside, CA 92505

**HIGH SCHOOL
COURSE DESCRIPTION
CATALOG**



2009 - 2010

GUIDANCE AND COUNSELING SERVICES

See the Guidance secretaries to make an appointment.

Counselors are available on a walk-in basis before school, at lunch and after school.



Academic:

- Individual four-year planning by appointment.
- Registration and scheduling of classes.
- Academic counseling for course selection, improving grades and general academic success strategies, credit recovery, preparing for and applying to college, and referrals to alternative education programs.
- Presentations are made to junior students regarding post-secondary education options including college, vocational schools, occupational programs, military, etc.
- Presentations are made to seniors regarding college applications, financial aid and scholarships.
- Liaison to teachers and students, students and teachers, and teachers and parents.
- NCAA Clearinghouse and NAIA information for athletes.
- Local scholarship bulletin and websites for national scholarship searches available in Guidance Office and via email to students and parents.
- Liaison to ROP Program (Career Technical Education), the Academies, AVID, the Wylie Center, the English Language Learner Program, California State University, University of California, Riverside Community College and the Military.
- Post-secondary educational counseling including application workshops for UC, CSU and RCC.
- Promote and/or teach Riverside Community College course "Guidance 45". This course has students develop an education plan, orientates them to college life and offers priority registration.
- Maintain college application information and SAT/ACT testing materials. Submit courses for acceptance to the UC, A-G Subject Requirements.
- Coordinate and accompany students on college tours.
- College Club informational meetings including PSAT/SAT Prep workshops and college presentations.
- Liaison for college prep outreach programs. (ie.EAOP).
- Present Financial Aid information for all students and their parents.



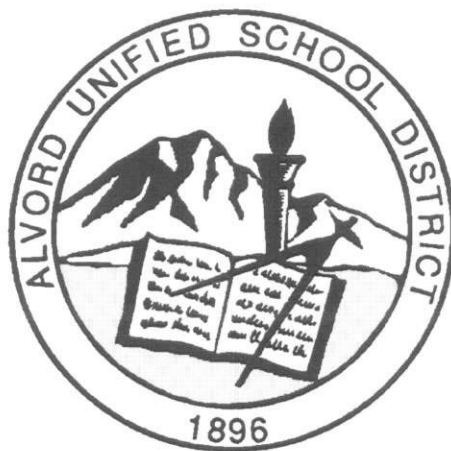
Personal/Social:

- Crisis Counseling, brief personal counseling and outside referrals to ongoing counseling/therapy.
- Conflict mediation.
- Coordinate with and refer to the PLUS (PALS) program for peer counseling.
- Maintain and distribute community referral information.



Career:

- Presentation to the sophomores regarding the connection between effort and grades and success in their chosen career.
- Career awareness and exploration through computer software activities in the Library or Career Center.
- Discussion with students regarding career choice when choosing classes.
- Coordinate efforts with the Career Center for employment, career services and college presentations.
- Coordinate with the CTE/ROP representative to direct students to vocational training courses.
- Coordinate the Armed Services Vocational Aptitude Testing (ASVAB) to help students select a career.
- Coordinate Riverside Community College post-secondary educational options and career choice presentations.



ALVORD CONTINUATION HIGH SCHOOL

GUIDANCE OFFICE

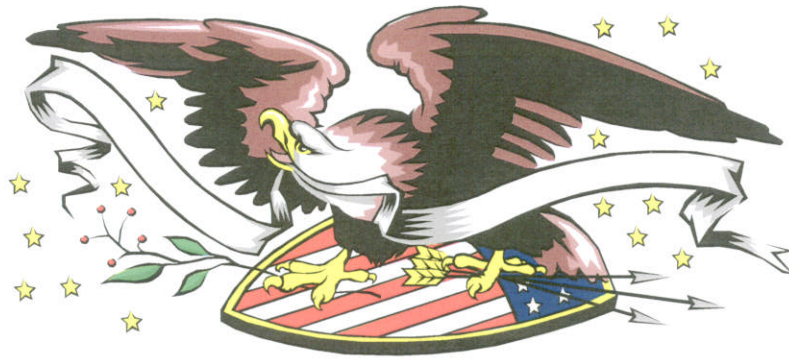
The Guidance Office provides services to students in the areas of academic, career and personal/social development. Students, teachers, parents, or counselor may initiate contact. Services include individual academic and career planning, conflict mediation, strategies for school success, post-secondary educational planning, and assistance with scholarships and financial aid. Referral to on-campus support groups and referrals to agencies within the community are utilized as appropriate.

COUNSELOR

Luis Medina	luis.medina@alvord.k12.ca.us
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OFFICE PHONE NUMBERS

Guidance Office Secretary - Marta Montejano	358-1721
Main Office/Principal- Chip George Secretary - Candy Huxley	358-1715



LA SIERRA HIGH SCHOOL

GUIDANCE OFFICE

The Guidance Office provides services to students in the areas of academic, career and personal/social development. Students are assigned to counselors by last name. Students, teachers, parents, or counselors may initiate contact. Services include individual academic and career planning, conflict mediation, strategies for school success, post-secondary educational planning, and assistance with scholarships and financial aid. Referral to on-campus support groups and referrals to agencies within the community are utilized as appropriate.

COUNSELOR CASELOADS

A - Capps	Robert Garnet	robert.garnet@alvord.k12.ca.us
Car - Flo	Lori Minamyer	lminamyer@alvord.k12.ca.us
Fo - H	Leigh Hawkinson	lhawkinson@alvord.k12.ca.us
I - Mc	Priscilla Grijalva	priscilla.grijalva@alvord.k12.ca.us
Me - Ph	Teresa Bierbaum	teresa.bierbaum@alvord.k12.ca.us
Pi - Sl	Bill Henry	bhenry@alvord.k12.ca.us
Sm - Z	Luis Velazquez	lvelazquez@alvord.k12.ca.us

OFFICE PHONE NUMBERS

Guidance Office	358-1731
Main Office/Principal	358-1725
Attendance Office	358-1730
Athletic Office	358-1729
Activity Office	358-1734
Career Center/Work Experience	358-1733



NORTE VISTA HIGH SCHOOL

GUIDANCE OFFICE

The Guidance Office provides services to students in the areas of academic, career and personal/social development. Students are assigned to counselors by last name. Students, teachers, parents, or counselors may initiate contact. Services include individual academic and career planning, conflict mediation, strategies for school success, post-secondary educational planning, and assistance with scholarships and financial aid. Referral to on-campus support groups and referrals to agencies within the community are utilized as appropriate.

COUNSELOR CASELOADS

All AVID & IB	Alejandro Moreno	alejandro.moreno@alvord.k12.ca.us
A-D	Jason Marquez	jason.marquez@alvord.k12.ca.us
E- Lopez	Sinar Lomeli	slomeli@alvord.k12.ca.us
Loreto- Reveles	Victoria Anderson	vanderson@alvord.k12.ca.us
Reyez- Z	Cheryl Gilleland	cgilleland@alvord.k12.ca.us

OFFICE PHONE NUMBERS

Guidance Office	358-1746
Main Office/Principal	358-1740
Attendance Office	358-1745
Athletic Office	358-1740
Activity Office	358-1740
Career Center/Work Experience	358-1748

FOUR-YEAR HIGH SCHOOL PLAN

Student Name _____

Career Goal/Post High School Plans _____

Summer:		Summer:	
9 th 1 st Semester	2 nd Semester	10 th 1 st Semester	2 nd Semester
English 1	English 1	English 2	English 2
Math	Math	Math	Math
Science	Science	Science	Science
PE	PE	Mod. World History	Mod. World History
Freshmen Seminar (Health)	Freshmen Seminar (Health)	PE	PE

Summer:		Summer:	
11 th 1 st Semester	2 nd Semester	12 th 1 st Semester	2 nd Semester
English 3	English 3	English 4	English 4
US History	US History	Gov./Economics	Gov./Economics
Math	Math		

<u>Subject</u>	<u>Credits</u>	<u>Completed</u>
English 1	10	___ ___
English 2	10	___ ___
English 3	10	___ ___
English 4	10	___ ___
Mod. Wrld. History	10	___ ___
US History	10	___ ___
Government	5	___
Economics	5	___
Algebra 1	10	___ ___
Mathematics	20	___ ___
		___ ___
Life Science	10	___ ___
Physical Science	10	___ ___
Fine Arts OR		
Foreign Language	10	___ ___
Fresh. Sem. (Health)	5	___
Physical Education	20	___ ___
		___ ___
Electives*	65	
TOTAL CREDITS	220	

*Electives may include extra courses in math, science, foreign language, fine arts and PE.

Recommended College Testing

PSAT	Oct. of 10 th and 11 th
SAT REASONING	Spring of 11 th
SAT SUBJECT TESTS*	Spring of 9, 10, 11 th
*Required by UC and Private Colleges <u>only</u>	
ACT plus Writing	Spring of 11 th
ASVAB	Fall of 11 th or 12 th

CSU/UC A-G Requirements

A -History/Social Science	2 yrs. ___
B -English	4 yrs. ___
C - Math (Alg. 1,Geom., Alg.2)	3 yrs. ___
D - Lab Science (Bio. & Chem.)	2 yrs. ___
E -Foreign Language	2 yrs. ___
F -Visual/Performing Arts	1 yr. ___
G - College Prep Elective	1 yr. ___

An additional year of math, science and foreign language is recommended.

A - G requirements must be completed with a **C** or better. 3.0 minimum GPA required for UC's.

CAHSEE RESULTS:

MATH _____ ENGLISH _____
(Passing score on the CAHSEE is 350)

**SAMPLE FOUR-
YEAR HIGH
SCHOOL PLANS**

General Diploma
Community College

Community College Transfer
Cal State University

University of California
Competitive Universities

9th Grade
English 1
Algebra 1
Biology or Earth Science
PE
Freshman Seminar or Health
Elective

9th Grade
English 1 or Honors
Algebra 1 or Geometry
Foreign Language 1
Biology or Honors
PE
Freshman Seminar or Health

9th Grade
English I Honors
Algebra 2 or Honors
Foreign Language 1
Biology Honors
PE
Freshman Seminar or Health

10th Grade
English 2
Basic Geometry
Modern World History
Earth Science or Biology
PE
Elective

10th Grade
English 2 or Honors
Geometry or Algebra 2
Modern World History or
Honors
Lab Science
Foreign Language 2
PE

10th Grade
English 2 Honors
Trig/Pre-Calculus or Honors
AP European History*
Chemistry or Honors
Foreign Language 2
PE

11th Grade
English 3
US History
Math Elective
Visual/Performing Arts Elect
Elective
Elective

11th Grade
English 3 or Honors
US History or Honors
Algebra 2 or Trig/Pre Calc.
Visual/Performing Arts Elect
Lab Science
Elective (college prep)

11th Grade
AP English Lang & Comp*
AP Calculus AB or BC*
AP US History*
AP Lab Science Elective*
Visual/Performing Arts Elective
Foreign Language 3

12th Grade
English 4
Am. Government/Economics
Elective (Career Pathway)
Elective (Career Pathway)
Guidance 45 (RCC)
Work Experience

12th Grade
English 4
Am. Government/Economics
Trig/Pre Calc or Statistics
Elective (college prep)
Elective (college prep)
Guidance 45 (RCC)

12th Grade
AP English Lit & Comp*
AP Am. Government*
AP Economics*
AP Calculus BC or AP Statistics*
AP Lab Science Elective*
Elective